



THE UNIVERSITY OF ARIZONA

Andrew Weil Center  
for Integrative Medicine

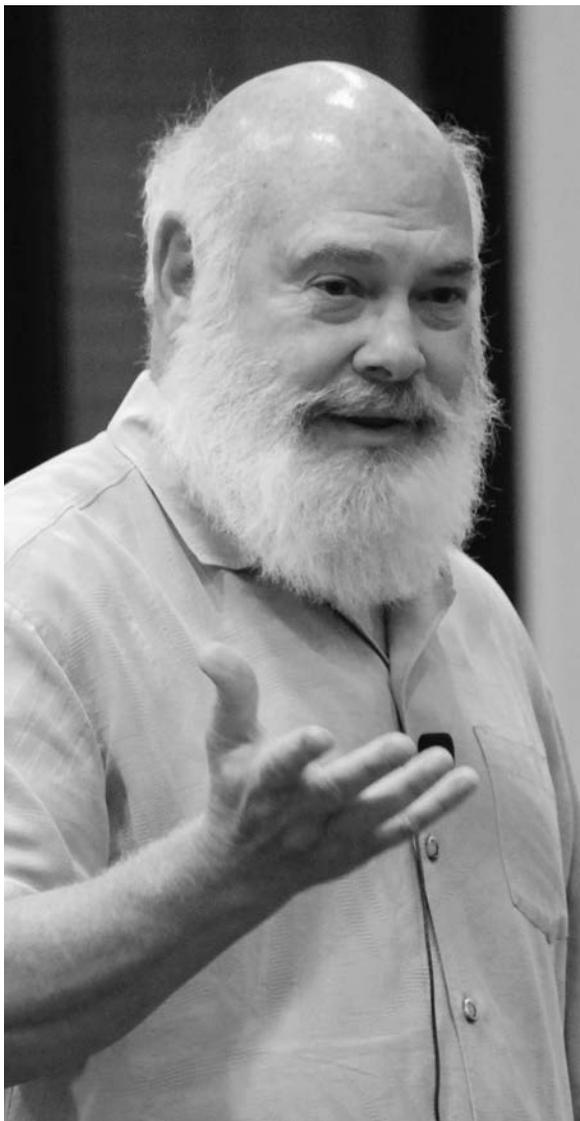
# FELLOWSHIP IN INTEGRATIVE MEDICINE

JOIN A VIBRANT COMMUNITY  
TRANSFORM HEALTHCARE  
BECOME BOARD CERTIFIED



## The Fellowship is online, experiential, evidence-based, community-oriented, and life-changing.

This two-year, 1,000-hour program is designed for physicians (MD and DO), pharmacists (PharmD) advanced practice registered nurses, dentists, and physician assistants. The Fellowship is designed for both primary care providers and specialists, with more than 1,500 alumni practicing in places around the world.



*Created by Andrew Weil, MD, the Fellowship has achieved international recognition as the leading integrative medical education program in the world.*

### Why the Fellowship is right for you

Re-energize, restructure and reframe your perspective. The Fellowship is a place to restore your passion for patient care. It allows you to continue caring for your patients while learning the most current and relevant integrative approaches for the prevention and treatment of disease. You can immediately incorporate what you learn into your medical practice, and sit for board certification upon completion!

### What you will learn

Healthcare is too often symptom-focused and reactive, rather than prevention-focused and proactive. The Fellowship will give you the tools you need to effectively practice integrative medicine, including:

- Nutritional health
- Botanicals and dietary supplements
- Mind-body medicine
- Complementary and alternative practices
- Applying IM principles to your practice

### Faculty

Stellar faculty lead this world-class program including Andrew Weil, MD, Victoria Maizes, MD, Randy Horwitz, MD, Ann Marie Chiasson, MD, Lise Alschuler, ND, Vivian Kominos, MD, and Donald Abrams, MD. Learn from pioneers in the field!



## How you will learn

Our multimedia curriculum consists of:

- Didactic written content highlighting the most relevant research in the field
- Case-based interactions
- Online educational games
- Video featuring lectures, intakes, patient cases, and demonstrations
- Journal articles and other readings
- Online dialogues with faculty and colleagues
- Peer-reviewed content
- Experiential exercises

The Fellowship curriculum is divided into 14 Units, typically 9-10 weeks long, created by nationally- recognized experts and faculty from a variety of disciplines, modalities, and philosophies.

*Integrative Medicine (IM) is healing-oriented medicine that takes account of the whole person, including all aspects of lifestyle. It emphasizes the therapeutic relationship between practitioner and patient, is informed by evidence, and makes use of all appropriate therapies.*

## Residential Weeks

During the two-year Fellowship, spend three weeks in Tucson with colleagues and faculty. Connect with your classmates, establish relationships with faculty, and receive in-person training. Attend education sessions, practice hands-on techniques, take time for self-care and share meals with your classmates and faculty. You will return home feeling invigorated and inspired, and ready to incorporate your learning into your practice.

*“The residential weeks are a total gem. They are something that everyone looks forward to and cherishes. Nothing beats the hands-on experiences and activities and it is so meaningful to be able to spend time with the Fellowship faculty. It is truly a time to bond and share stories with your classmates while taking a moment to detach from the hustle and bustle of practice.”*  
—Marvin Singh, MD, Integrative Gastroenterologist

## Alumni Network

The Andrew Weil Center for Integrative Medicine has created a strong international community of integrative practitioners. This network provides tools and relationships to support our graduates throughout their careers. News, CME opportunities, and regional alumni groups all allow our great community to grow and thrive.



### Apply Now

Applications are accepted online. Instructions, deadlines, FAQs, and scholarship information can all be found at:  
[awcim.arizona.edu/fellowship](http://awcim.arizona.edu/fellowship)

*“The AWCIM fellowship is transformational. It brings together illustrious teachers who are leaders in the field of integrative medicine and provides the evidence-based knowledge for which I have been searching. Dr. Andrew Weil’s vision is present in every aspect of the program, delivering a wealth of practical tools to serve my patients on their path to regaining health and wellbeing. The nourishing environment has empowered me to practice the compassionate and holistic medicine that I have always strived for and that is—in the words of Dr. Weil—good medicine.”*

—Mihaela Taylor, MD, Integrative Rheumatologist - Class of 2017



**Learn more**

[awcim.arizona.edu/fellowship](http://awcim.arizona.edu/fellowship)  
[awcim-admissions@list.arizona.edu](mailto:awcim-admissions@list.arizona.edu)  
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